Making the most of your glucose results…..

When you attend the Grampian diabetes clinic, if you have your glucose monitor with you , with your permission, we can download you blood glucose meter using a software service called Diasend. Your doctor or nurse will then be able to discuss the results with you.

Would you like to download your blood Glucose results at home?
You can use Diasend to download your glucose results at home. The results can then be displayed as charts and tables. These will help you better understand trends and patterns in your glucose readings. You can use the information to make changes to your diet, exercise or medication to improve your glucose control. You may need to order a cable to connect your meter to the computer. Some devices sync through a mobile device.

Please visit **www.diasend.com (https://diasend.com//en), click the** icon under help center and go thorough the information regarding the service. If you are interested, register for an account. A brief guide with instructions on installing the software and uploading your meter are provided in the accompanying leaflet.

You can share your results with the Grampian Diabetes team by using the clinic code

47-24134

Please note the downloads are not routinely monitored and if you need help you will need to contact the diabetes team using the helpline.
If you have technical difficulties with Diasend please contact them on
email: uk@diasend.com   Tel: +44 20 7795 8191

NHS
Grampian

glooko + diasend.

Step 1: How to create a diasend® patient account

Go to www.diasend.com and click the **Register here** button.

Register here

1 Login details

Enter your email address, which will be your username, as well as a password of your choosing for your diasend® Personal account. Click continue.

1	2	3	4
Login details	Personal information	Share data	Confirm registration

Login details

* Required information

E-mail *   Repeat e-mail *

Your e-mail address will be your user name for diasend®. The e-mail address you enter must be valid.

Password *

2 Personal information

Enter your personal information then click continue.

1	2	3	4
Login details	Personal information	Share data	Confirm registration

Personal information

* Required information

First name *   Last name *   Date of birth (yyyy-mm-dd) *

Address row 1   Gender *

3 Share data with Grampian Diabetes Clinic

This step is only necessary if you want to share your data with your clinic . You can also enter it after your account has been created. Just log in and go to the "Account admin" tab.

1	2	3	4
Login details	Personal information	Share data	Confirm registration

Share data

If you do not have access to your health care professional's Clinic ID at this time, you may register clinic IDs later. Just log in at diasend and you can register it under account information.

Clinic ID
47-24134

47-24134

Grampian Adult Diabetes Services

4 Confirm registration

Check the box to approve terms and conditions and confirm the registration. Click continue.

1	2	3	4
Login details	Personal information	Share data	Confirm registration

Confirm registration

☑ I approve the terms and conditions of diasend® Personal and that Diasend AB handles my personal information to the extent necessary to deliver the service ordered. I am open for receiving update information, invites to product testing, news, marketing communications and other communications that could be of interest to me.

Login details
Subscription: diasend® Personal (Free)
User name: hejhej2@diasend.com
Password: 1*********

Personal information
Jane Doe
,
42141
United States

Where did you hear about diasend®?

(e.g. Facebook, Twitter, friend, care provider,...)

Medical Information
Date of birth (yyyy-mm-dd): 1987-02-03
Gender: Female
Diabetes type: Diabetes type 1

5 Download and install diasend® Uploader

Install diasend® Uploader on your PC or Mac, by clicking on the relevant icon. Follow the installation instructions on the screen.

1	2	3	4
Login details	Personal information	Share data	Confirm registration

Thank you

Your diasend® Personal account has now been registered.

In order to upload your data to your diasend® Personal account, you will need the tool diasend® Uploader (free of charge) installed on your computer.

diasend® Uploader
for OS X

After installing the diasend® Uploader application on your PC or Mac, you will be able to upload your data to your diasend® account. To download instructions regarding the installation and use of diasend® Uploader, please go to the support tab on our webpage.
Please note: You may require a downloading cable specific to your device in order to upload your data. Please refer to the user guide of your device or contact your device vendor.

6 Linking With My Diabetes My Way

Go to the "Account admin" tab.

Click on ----------> **Expand registration form**   🖨 **Print to PDF** ▼

Tick the consent box
if you want to share data with
SCI-Diabetes or My Diabetes MyWay

Consents

☑ Patient gives consent having data exported to SCI-Diabetes

Save the Changes   **Save patient information**

Step 2: How to start uploading data to diasend®

1

Start diasend® Uploader

Double click on the diasend® Uploader icon on your computer (if you have a Mac please go to the "applications folder" or "launchpad" to find diasend® Uploader).
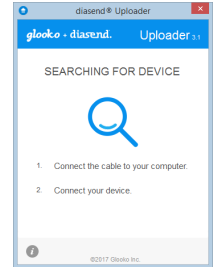
2

Connect the device cable

Connect the cable for your device to a USB port on your computer.

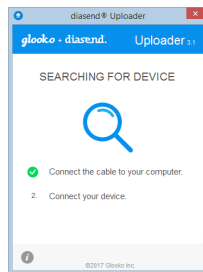*NOTE: To download data from an Omnipod® PDM to a Mac computer manufactured before mid 2012, running OS X El Capitan, it is recommended that you use a USB hub.*

diasend® Uploader
glooko + diasend. Uploader 3.1
SEARCHING FOR DEVICE
1. Connect the cable to your computer.
2. Connect your device.
©2017 Glooko Inc.

3

Connect your device to the cable

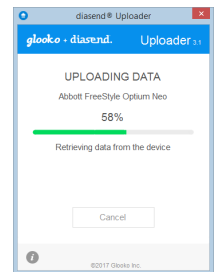Connect the device to the cable or place it in front of an IR dongle.

NOTE: For specific instructions on how to upload your device use the diasend® Personal Quickguide at support.diasend.com.
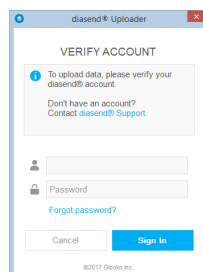
diasend® Uploader
glooko + diasend. Uploader 3.1
SEARCHING FOR DEVICE
✓ Connect the cable to your computer.
2. Connect your device.
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4

Device will start to upload

Do not unplug your device until the uploading process is completed.

diasend® Uploader
glooko + diasend. Uploader 3.1
UPLOADING DATA
Abbott FreeStyle Optium Neo
58%
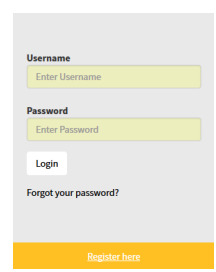Retrieving data from the device
Cancel
©2017 Glooko Inc.

5

Verify your account

Enter your username (entire email address and the password you created when registering for your account). Click Sign in.

diasend® Uploader
VERIFY ACCOUNT
To upload data, please verify your diasend® account.
Don't have an account?
Contact diasend® Support.
Password
Forgot password?
Cancel   Sign In
©2017 Glooko Inc.

6

View your data

Log in at www.diasend.com and view your data.

Username
Enter Username
Password
Enter Password
Login
Forgot your password?
Register here

Examples of reports and charts