

Health System News: Feb 2024

HCP Opportunities

Applications for the Diabetes UK Clinical Champions Programme and Discovering Leadership Programme are open!

The **Clinical Champions** programme is a free opportunity for healthcare professionals from across the UK to develop transferable leadership skills and build a support network to make diabetes care fairer and better. Over the course of 1.5 years, you will build your capabilities and connections to become a catalyst for the positive transformation of diabetes care.

We develop system leaders who start small, include marginalised voices, and lead together.

- The programme will start in May 2024 and end in December 2025.
- It's a blend of in-person retreats in London, online sessions, and local events.
- The practical application of learnings from this year's programme will focus on getting diabetes essential care right and tackling inequalities.
- Applications are open until Sunday, 7 April 2024.



The Clinical Champions programme is for anyone who works in a health and care context. We aim to develop leaders at every level of the health and care system who truly reflect the talents and diversity of staff and the communities they serve. We're particularly encouraging applications from racially minoritised ethnic groups.

To learn more and apply, please visit [The Clinical Champions Programme | Diabetes UK](#).

Discovering Leadership is a 7-month development programme for those beginning their leadership journey. You will explore what leadership means to you and begin building your confidence and capacity to lead change.

- The programme will start in April and end in October 2024.
- It's an online programme of core and elective sessions.
- Applications are open until Monday, 8 April 2024 but will be assessed on a rolling basis.

To learn more and apply, please visit the [Discovering Leadership Programme | Diabetes UK](#).

Resources

New type 2 diabetes remission information and support is here

We've launched a brand-new suite of resources to help more people living with type 2 diabetes move towards remission.

The new information hub offers an easily accessible place where both HCPs and patients can go to get evidence-based information on:

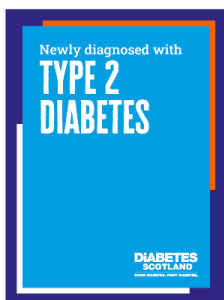
- what remission is;
- how people can try going into it;
- and what support is available from health services across the UK, and us here at Diabetes UK.



We've also got a new type 2 remission interactive video course for people living with diabetes, a dedicated type 2 remission area on our online community forum, and a free RCN-accredited CPD course on type 2 remission for healthcare professionals.

Visit www.diabetes.org.uk/remission to find out more.

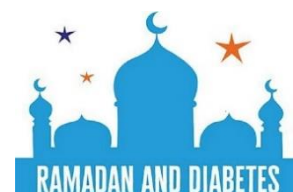
Newly diagnosed with type 2 diabetes toolkits



Copies of the 'Newly Diagnosed with type 2 diabetes' toolkit can be ordered by contacting alison.grant@diabetes.org.uk or you can [download a copy of the toolkit](#). Healthcare professionals are encouraged to use the toolkit to guide newly diagnosed patients to identify health targets and goals.

Getting Ready for Ramadan resources

This year, Ramadan will run for 29 or 30 days from on or around 10 March. The Qur'an requires Muslims to fast during Ramadan from sunrise to sunset, but there are exceptions and people who are unwell or have medical conditions are not expected to fast. This includes people with diabetes.



MyWay Digital Health has developed a free online course to help healthcare professionals prepare for Ramadan. The course will remain open throughout Ramadan. [Enrol for Diabetes and Ramadan.](#)

Diabetes UK also has a range of resources to support you and people living with diabetes. Watch our [Managing patients with diabetes during Ramadan](#) video. [Download or order for free](#) our printed factsheet on diabetes and Ramadan, available in five languages.

For more information, visit www.diabetes.org.uk/ramadan.

Online Events

Eating Well with Diabetes: 11 March 2024

The Diabetes UK South East Coast and London team are hosting an online event on Eating Well with Diabetes for people living with and affected by type 2 diabetes, as well as healthcare practitioners.

Abby Ixer, Diabetes Specialist Dietitian at East Kent Hospitals Foundation Trust, will be discussing diet and diabetes ‘myth busting’ and healthy eating guidelines for type 2 diabetes.

[Register here.](#) Poster attached.

Diabetes UK Professional News

Want to stay up to date on the newest developments in diabetes? Why not subscribe to the Diabetes UK professional e-newsletter! [Sign up today](#) for the latest updates in the world of diabetes, in research, policy, professional events, and more!