



## **Community Hubs – Information for patients with Diabetes Clinic Appointments**

The Diabetes Clinic has identified that you require a blood test and for your height and weight to be recorded. Your urine can also be checked if you take a sample (preferably taken first thing in the morning). We now offer appointments to do this at our community hubs rather than asking you to attend the hospital or your GP.

In order to book your appointment please ring the Central Booking Team on:

- **Tel: 01224 555177**

Please note that **you must ring to book your appointment**; we will not contact you.

At present we offer appointments at various locations in Aberdeen City, Aberdeenshire and Moray and new hubs are also planned.

When you phone we will discuss available options when you contact us to book an appointment.

The blood tests ordered by the Diabetes Clinic may include your HbA1c, and sometimes your routine annual bloods. We may also request for your urine to be sent to the lab as well as tested at the hub so please take a sample with you as you would when you came to the Diabetes Clinic. You should be able to see your blood results when these are available by using *My Diabetes My Way* if you have an account. <https://www.mydiabetesmyway.scot.nhs.uk/>

Information regarding the procedure to follow with regard to safely attending this appointment complying with social distancing and the use of face masks will be given at the time of booking, along with information as to how to get to the location and where to park if coming by car.

**If you need to cancel or change your appointment for blood tests, please telephone the number above.**